

JOHNSON DERMATOLOGY

3310 W Main Street, Ste 115

St. Charles, IL 60175

PHONE: (630) 232-2885

FAX: (630) 232-9936

Collagen P.I.N. (Micro-needling) Consent Form

Patient Name _____

Procedure: Micro-needling treatment allows for controlled induction of the skin's self-repair mechanism by creating micro- "injuries" in the skin, which triggers new collagen synthesis. The result is smoother, firmer and healthier looking skin. There is a low risk of scarring.

Micro-needling procedures are performed in a safe and precise manner with the use of the sterile needle head. The procedure is normally completed within 30-60 minutes, depending on the required treatment and anatomical site.

Side Effects: After the procedure, the skin could be red, raw and flushed in appearance in a similar way to sunburn. You might also experience skin tightness and sensitivity to touch on the area being treated. This will diminish after a few days. After about one week there is usually minimal evidence of post procedure irritation.

Contraindications: Micro-needling treatment is contraindicated for patients with: scleroderma, collagen vascular diseases or cardiac abnormalities, a bleeding disorder, active bacterial or fungal infection.

Precautions and Warnings: Micro-needling treatment has not been evaluated in the following patient population, as such, precautions should be taken when determining whether to treat: women who are pregnant or nursing; patients with history of Lupus, eczema, psoriasis or other chronic skin conditions; patients with history of oral herpes simplex infections; diabetics or patients with wound-healing deficiencies; patients on immunosuppressive therapy and skin with raised moles or warts in the treated area.

Patient Consent: I understand that results will vary among individuals. I understand that although I might see a change after my first treatment, I might require a series of sessions to obtain my desired outcome.

The procedure and side effects have been explained to me including alternative methods, as have the advantages and disadvantages.

I am advised that though good results are expected, the possibility and nature of complications cannot be accurately anticipated and, therefore, there can be no guarantee as expressed or implied either as the success or other result of the treatment, I am aware that Micro-needling treatment is not permanent as natural degradation of the skin will occur over time.

I consent to the taking of photographs of the skin and authorize their anonymous use for the purposes of medical audit, education and promotion.

I certify that I have been given the opportunity to ask questions and that I have read and fully understand the contents of this consent form.

Patient Signature _____ Date _____

Witness _____ Date _____

JOHNSON DERMATOLOGY

3310 W Main Street, Ste 115

St. Charles, IL 60175

PHONE: (630) 232-2885

FAX: (630) 232-9936

Collagen P.I.N. (Micro-needling) Pre Care

- Avoidance of Accutane for the previous 3 months
- Avoid retinoids, topical antibiotics, exfoliants, hydroquinone, sunburn, and benzoyl peroxide 3 days prior to procedure
- Avoidance of IPL/Laser procedures for the 7 days prior
- No waxing, depilatory creams or electrolysis 5-7 days prior
- No vitamin A, vitamin E, ibuprofen, or fish oil 24 hours, notify us if on blood thinners
- No significant changes in the skin recently reported including breakdown of skin or excess dryness
- No prolonged sun exposure to the face 1 week prior to your treatment. A treatment will not be administered on sunburned skin
- Skin is clean without lotion, oil, makeup, deodorant, powder, perfume or sunscreen
- Antiviral agent for 2 days prior to and day of treatment if history of oral cold sores
- Patient denies today: active cold sores, or warts in the area to be treated, open sores, sunburned, or excessively sensitive skin within the application area, pregnancy, dermatitis or inflammatory rosacea within the procedure area.

Day of Treatment Instructions

- Omit lotions, creams, make up or deodorant in area to be treated
- Arrive with clean washed skin
- Inform provider of any changes in medical history and of all medications being taken
- Apply topical anesthetic over entire face and neck extending to hairline at least 20 minutes before procedure
- A treatment will *not* be administered if topical anesthetic is not applied

JOHNSON DERMATOLOGY

3310 W Main Street, Ste 115

St. Charles, IL 60175

PHONE: (630) 232-2885

FAX: (630) 232-9936

Collagen P.I.N. (Micro-needling) Post Care

- Use the post procedure kit for 4 days after the procedure
- Avoid direct sun and tanning beds for 7- 10 days or until skin is healed
- Do not pick or exfoliate. Let skin flake off naturally
- The skin is healed in about 1 week
- Avoid strenuous exercise, sweating, steam baths, Jacuzzi and sauna until the skin is healed
- Apply cool/cold compress as necessary to avoid discomfort and inflammation
- For the first few days sleep on back with head slightly elevated(will reduce swelling around eyes and face)
- Avoid exfoliating medications such as Retin A's, Glycolic Acids, Benzoyl peroxides, salicylic acids, etc
- Avoid any harsh chemicals on the skin for 1 to 2 weeks after procedure
- Apply only mineral make up 24 hours post procedure for 4 days with clean hands

CONTACT THE OFFICE IF YOU EXPERIENCE SEVERE INFLAMMATION, APPEARANCE OF SORES, AND CRACKING OF SKIN, WEEPING, BLISTERING, SEVERE SCABBING OR SIGNS OF INFECTION.